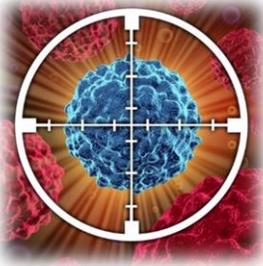


Temporary Increase in Symptoms



The phenomena many report as “increased symptoms is a legitimate and sometimes expected response to early sessions. Wikipedia simply defines by its proper name:

“The Jarisch-Herxheimer reaction is a reaction to endotoxin-like products released by the death of harmful microorganisms within the body during antibiotic treatment.”¹

In the case of electronic application, this is not being caused by the pathogens adverse reaction to antibiotics, but rather by the release of those same toxic materials into the body. Experimenters, researchers, and practitioners alike most often refer to this expression as “Herx”.

In most cases, it is actually a positive sign when a patient encounters this temporary increase in their symptoms. It is usually a good indication they are using the correct frequency and effectively targeting the intended pathogens, but do need to probably “back off” a bit in the beginning to prevent overload of an already compromised system.²

- Internal toxins are released as organisms disintegrate after death. These toxins can produce the same symptoms as the problem the patient originally began treatment for.
- When large numbers of disease organisms are killed, their toxins must be flushed out of the body as quickly as they accumulate. Drinking 8 to 10 glasses of water per day will help speed the process and add hydration.
- If toxins begin to build up from disease organisms all dying at the same time, some may begin to experience a temporary aggravation of their symptoms.
- Even though some toxins may not be water soluble, flushing them out with water is still imperative for recovery while using any detoxifying frequencies as well.
- If someone is treating only an infection, detoxifying frequencies still aid in speeding recovery. They help to accelerate the elimination of toxins released by dead microbes (through kidneys, skin, lungs, and colon).
- Conditions that seem to be caused by viruses may actually be caused by toxic exposure. A person’s symptoms may be very similar and include: fever, blocked metabolism, and poor immune response.
- Other factors that can cause an increase in symptoms or other harmful effects include:
 - Prescription drugs; exposure to toxic chemicals in work or home; lack of sleep or overexertion; stress; unbalanced diet; tobacco and alcohol use; high amounts of sugar in diet.
 - These are all external factors that can be personally controlled and avoided.



¹ http://en.wikipedia.org/wiki/Jarisch-Herxheimer_reaction

² Factors that Slow Recovery, <http://www.pulsedtechresearch.com/wp-content/uploads/2015/01/Factors-that-Slow-Recovery.pdf>